

Eva-Maria's Biography

Having a broad knowledge of people and years of experience of working, mentoring and coaching teenagers and their parents, Eva-Maria is living on the road to her dream; to bridge the gap of misunderstanding between teenagers and the older generations around the globe.

Born in Russia in 1990, Eva-Maria moved to New Zealand with her parents, brother and sister in 1996. She attended Karori Normal School until 2003 when she transferred to Athena Montessori College. The same year she was given the opportunity to undergo mentor training alongside some other privileged students. At the age of 15, Eva-Maria started working towards her International Coaching Certificate after attending coaching training. She finished NCEA Level 3 halfway through 2007; one and a half years ahead of the average student. Her strong points being in English and Mathematics. Eva-Maria spent a year writing "You Shut Up!" to offer suggestions and give valuable insight for parents to help improve relationships with their teenagers.

Having had it published in December 2007, Eva-Maria started on her passionate career path. 'You Shut Up!' has been on bestseller lists and gained full national media recognition through Close Up!, Breakfast, and the Good Morning Show, which she was a regular on.

Eva-Maria continues her passion through coaching individuals and groups, speaking to groups internationally, and holding workshops. She works alongside both: parents, youth and adults all to help improve relationships between the generations.

Eva-Maria lives life true to her name, which was given to her as a symbolic link between opposites. Eva – a name from the West and Maria – from the East. Her name reflects the experiences and understanding she's developed in life. Eva-Maria strives to understand both sides to any story, to help compromise and settle misunderstandings that arise between individuals and generations. Most of all she wants to give adults an insider look on everyday challenges teenagers face. You will be amazed at the sense of responsibility these teenagers can show when it really counts.

**Eva-Maria's goal is to improve 10,000,000
adult-teenager relationships throughout the world.
By getting her book, you are only taking the first step!**

Share it with someone you love!

